

HRH19 - The Springs

↔ 5.4 mi

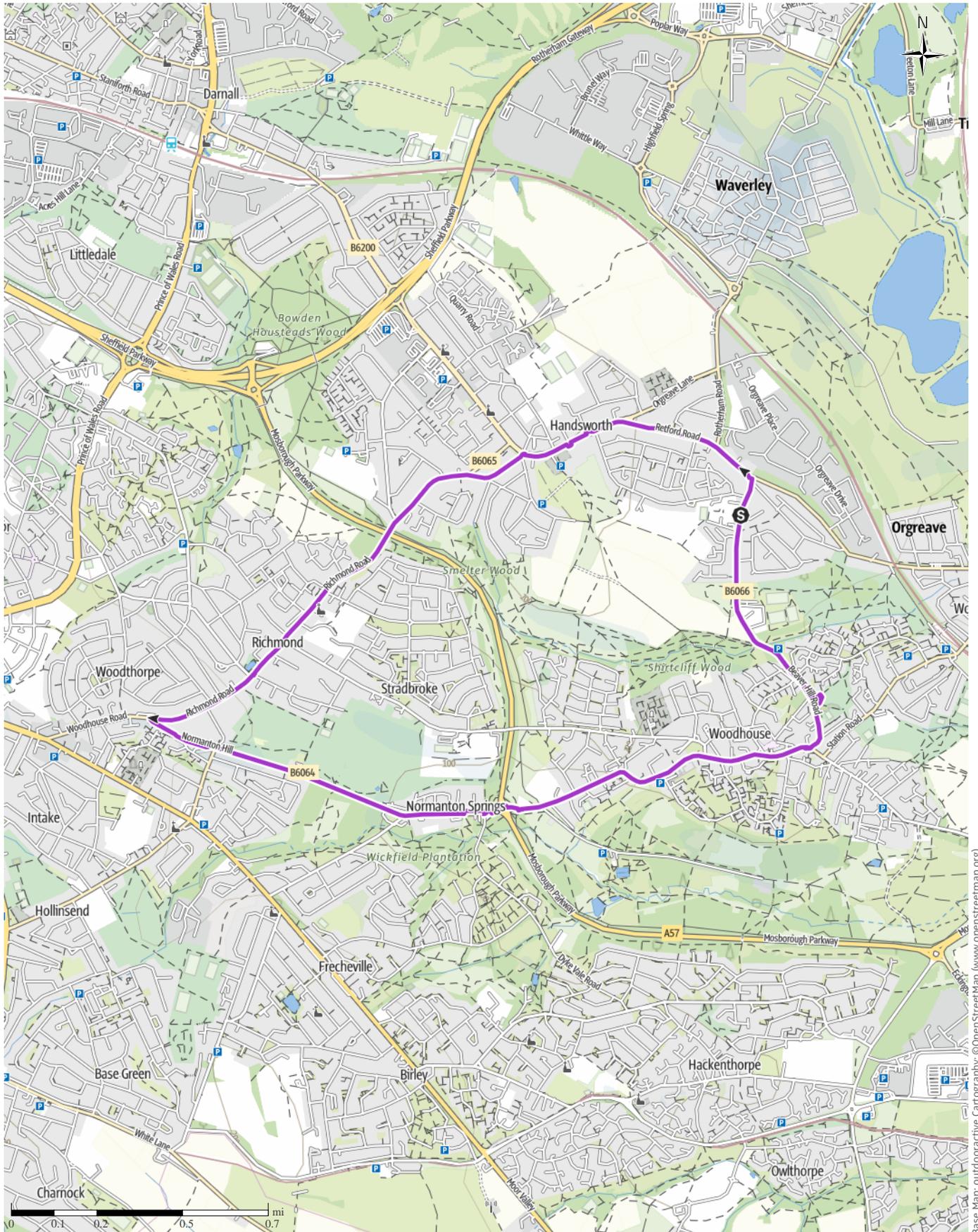
🕒 1:25 h

▲ 449ft

▼ 446ft

Difficulty

-



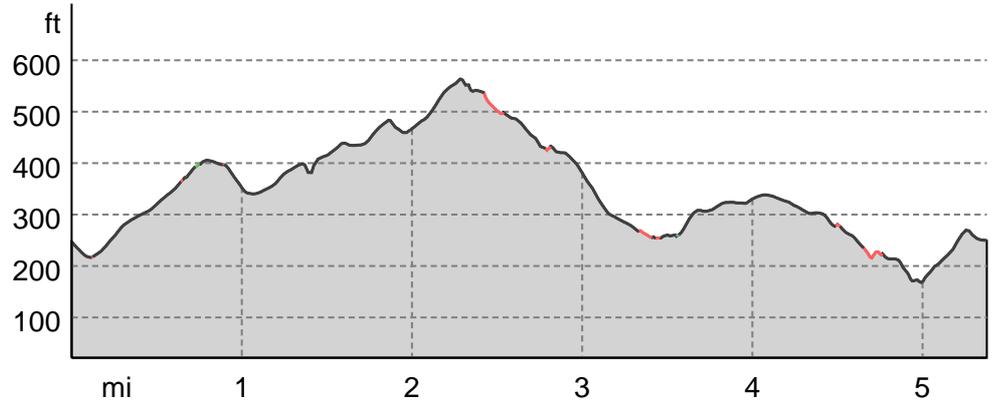
Base Map: outdooractive Cartography. ©OpenStreetMap (www.openstreetmap.org)

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Road surface

Asphalt	0 mi
Dirt road	0 mi
Way	0 mi
Path	0.4 mi
Street	4.9 mi

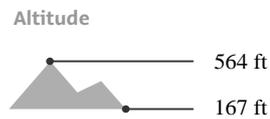
Elevation profile



route data

Running

Distance	↔	5.4 mi
Duration	🕒	1:25 h
Ascent	⬆️	449 ft
Descent	⬇️	446 ft



Andrew Lewis

Update: May 18, 2022

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

<https://out.ac/I9XsG4>

Legend

Topography

	Wood, forest
	Moor, swamp, marsh
	Heath
	Residential area with single building
	Industrial area with single building
	Cemetery
	Golf course
	Sportsfield, stadium
	Stadium
	Open-air pool
	Vineyard
	Petrograph
	Country border
	State border
	District border
	Contour line
	Special use area
	Nature reserve

Topographic signs

	Summit cross
	Elevation point
	Rock
	Cave
	Church
	Chapel
	Cemetery
	Palace/Castle
	Abbey
	Monument
	Ruin
	Mine
	Cairn
	Broadcasting tower
	Windwheel
	Water-/windmill
	Viewpoint

Road and track

	Motorway
	Highway
	Statal road
	Road
	Main agricultural road
	Agricultural road
	Trail
	Via Ferrata

Lifts and railway

	Ropeway lift
	Gondola lift
	Chairlift
	Ski-, draglift
	Aerial ropeways
	Railway
	Suburban train
	Subway
	Tram
	Railway station