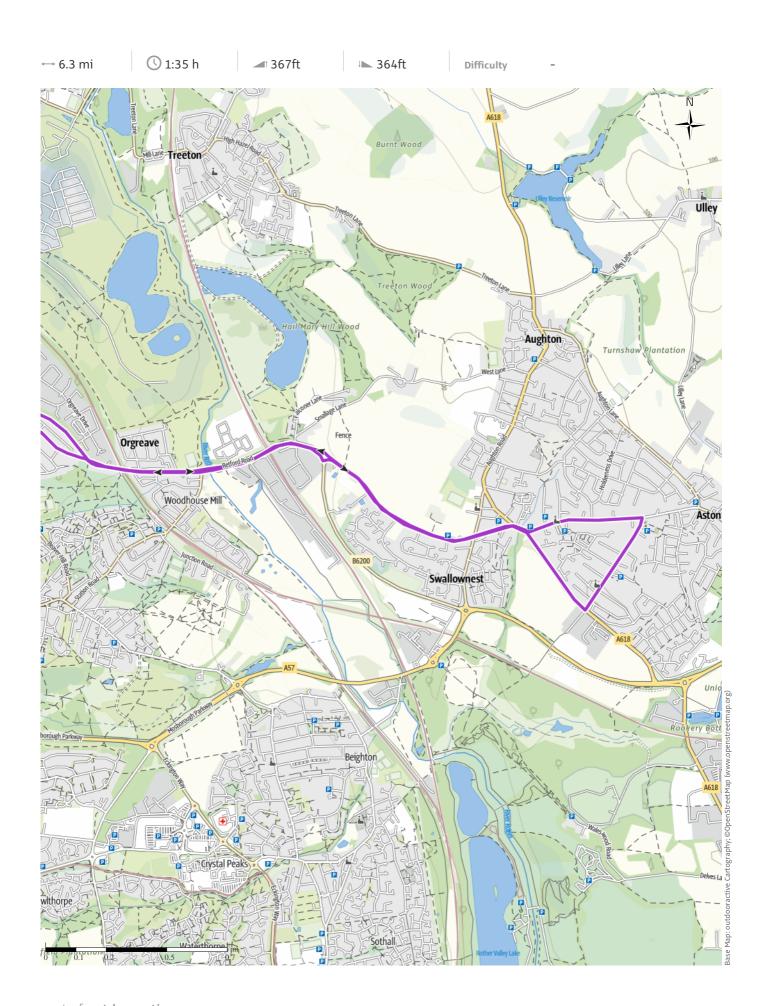
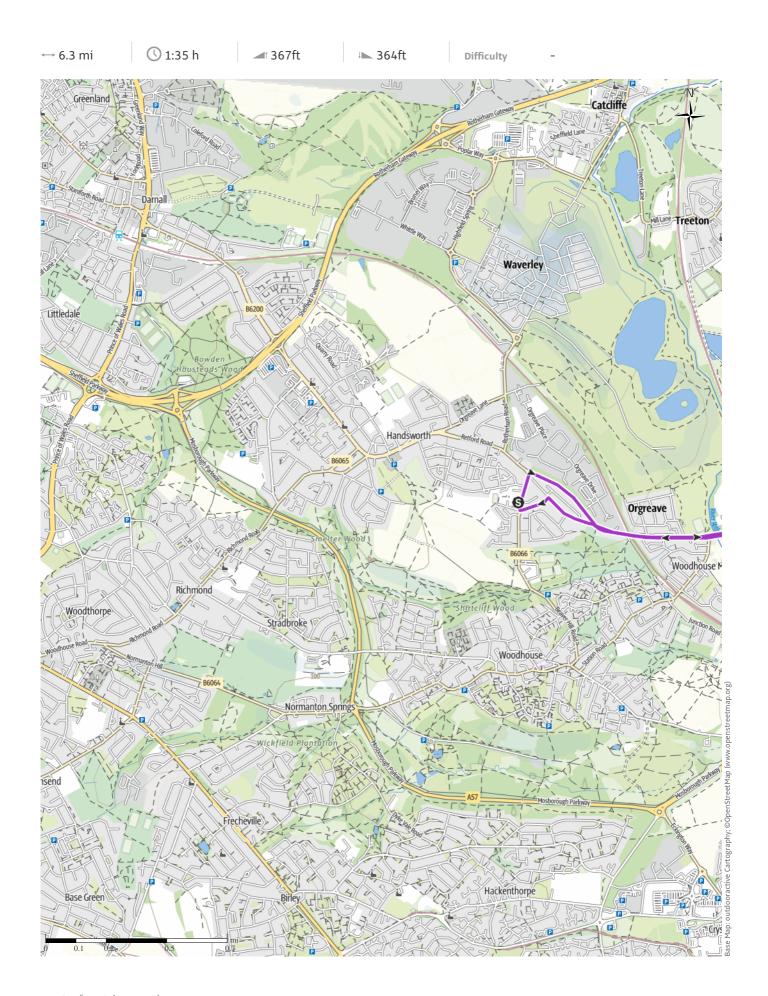


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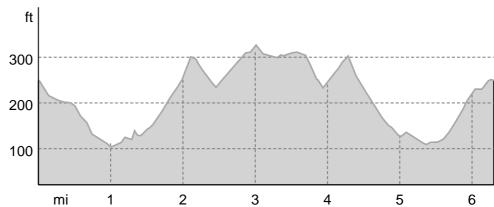


outdooractive



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Elevation profile



route data

Running

Distance	\longleftrightarrow	6.3 mi	
Duration	(1)	1:35 h	
Ascent	_	367 ft	
Descent	1	364 ft	





Andrew Lewis
Update: May 18, 2022

Takeaway route for iPhone and Android



Scan QR code, save this route offline, share with friends and more...

Website

https://out.ac/I9XqdE

part of **outdooractive**

outdooractive

Legend

Topography	Topographic signs		
ф ,	Wood, forest	^ I	Summit cross
9A 3A 3A	Moor, swamp, marsh	• 🛦	Elevation point
	Heath	}{}	Rock
	Davidantial anna	%	Cave
	Residential area with single building	<u>L</u>	Church
	Industrial area with single building	i i	Chapel
	Cemetery	t [†] t	Cemetery
	Golf course	±	Palace/Castle
_	Sportsfield, stadium	±	Abbey
	Stadium	•	Monument
	Open-air pool	N	Ruin
_		*	Mine
	Vineyard	∅ *	Cairn
DEC 1	Petrograph	(I) B	Broadcasting tower
	Country border	†	Windwheel
	State border	₩ 🛪	Water-/windmill
000	District border	**	Viewpoint
900	Contour line		
	Special use area		
_	Nature reserve		
Road and track		Lifts and railway	
A7	Motorway	<u>—</u> 4—	Ropeway lift
B309	Highway	<u>—</u> б—	Gondola lift
L333	Statal road	———	Chairlift
OA8	Road		Ski-, draglift
	Main agricultural road		Aerial ropeways
	Agricultural road		Railway
	Trail		Suburban train
	Via Ferrata		Subway
			Tram
		T	Railway station